



Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

Accountability & Impact - Ofsted inspectors will assess and report on how effectively this new funding is being used when making the judgement on the quality of the school's leadership and management. Schools are required to keep parents informed and publish plans for deployment of premium funding on their website and must include:

- the amount of premium received
- a full breakdown of how it has been spent (or will be spent)
- what impact the school has seen on pupils' PE and sport participation and attainment
- how the improvements will be sustainable in the future
- the percentage of pupils within their year 6 cohort for academic year 2023 to 2024 that can do each of the following:
- o swim competently, confidently, and proficiently over a distance of at least 25 metres
- o use a range of strokes effectively (for example front crawl, backstroke and breaststroke
- o perform safe self-rescue in different water-based situations

Funding - Individual schools will receive circa £16000-20000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; staff CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding carried forward from the academic year 2021/2022	£0
The total funding for the academic year 2023/2024	£16, 950
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	74%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke?	74%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	60%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

 Lead member of staff		Lead Governor	Katy Wood
responsible	Trudy Watts	responsible	





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Area of Focus & Outcomes	Actions (Actions identified through self-review to improve the quality of provision)	Funding -Planned spend -Actual spend	Impact -On pupils PE/SS/PA participation -On pupils PE attainment -On pupil/school whole school improvement (Key Indicator 2) -Any additional impact	Future Actions & Sustainability -How will the improvements be sustained -What will you do next
	PE HLTA to continue to deliver one high quality PE lesson weekly with class teachers teaching the other lesson.	£2700	Children spoken to speak highly of PE. They particularly like the sporting competitions run across the MAT and through the CSIA Sports Alliance. Children enjoy the addition of a lunchtime play facilitator	Continue to engage with training and events through CSIA Sports Alliance. PE HLTA to continue to plan events/Teachers to teach own with without support next year.
Curriculum Delivery engage young people in a high quality, broad and balanced curriculum	Play facilitator employed to encourage active lunchtimes, ensure fair play and teach sports skills.	£1400	Children are more active playing team sports at lunchtime. Children are able to referee certain games with distanced support from the play facilitator. This has had a direct impact on PE in curriculum delivery with children eager to participate and share what they have enjoyed and learnt during lunchtimes.	Children to take the play facilitator lead next year after support from the member of staff this year.
	Maintain the high profile of PE, sport and physical wellbeing across the school. Curriculum Enhancement also through CSIA Sports Alliance. Children to take part in active competitions and PE/Sport experience workshop days	£2500 (CSIA)	Good impact from involvement in CSIA Sports Alliance providing children with opportunities unable to accommodate in school, such as climbing days and interschools competitions across Cornwall.	Continue 2024-25 with CSIA Sports Alliance





Purchase additional equipment to support the delivery of the curriculum.	£4482	Purchasing new equipment has ensured that the resources are available for teaching high-quality PE lessons and providing differentiation to a range of children's needs.	Continue auditing equipment and purchase new if lost or broken.
Lunchtime PE HLTA to organise lunchtime clubs and after school clubs to offer sports activities	Costed above – PE HLTA	Children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children in these clubs have them been able to access sporting competitions through CSIA Sports Alliance.	Continue to link up CSIA sporting competition dates with clubs offered. Children to take lead on play at lunchtimes next year.
Ensure all Year 6 children can swim 25m (intervention sessions available in the Summer term for those that have not achieved 25m)	Costed above Part of the CSIA sports alliance costing	Children leave Year 6 confident to swim 25m.	Continue swimming session across the year. Year 6 children offered additional Top-up sessions in the summer term if not meeting standard by end of unit of lessons.
Pupil conferencing and lesson monitoring to evaluate effectiveness and impact of ARENA scheme.	Time allocated to PE Lead	PE Lead and PE HLTA have monitored subject. PE is popular among Penponds children.	Maintain high-quality teaching of PE and how to adapt lessons to address pupil feedback. PE/ HLTA to be supported by PE Lead at another MAT school as PE Lead is leaving end of academic year. New PE lead to meet with pupils early in Autumn term. Develop PE display in the hall.
	Lunchtime PE HLTA to organise lunchtime clubs and after school clubs to offer sports activities Ensure all Year 6 children can swim 25m (intervention sessions available in the Summer term for those that have not achieved 25m) Pupil conferencing and lesson monitoring to evaluate effectiveness and impact of ARENA	Lunchtime PE HLTA to organise lunchtime clubs and after school clubs to offer sports activities Costed above PE HLTA Costed above PE HLTA Costed above PE HLTA Costed above Part of the CSIA sports alliance costing Pupil conferencing and lesson monitoring to evaluate effectiveness and impact of ARENA Costed above Part of the CSIA sports alliance costing	Purchase additional equipment to support the delivery of the curriculum. Purchase additional equipment to support the delivery of the curriculum. Purchase additional equipment to support the delivery of the curriculum. Purchase additional equipment to support the delivery of the curriculum. Purchase additional equipment to support the delivery of the curriculum. Purchase additional equipment to support the delivery of the curriculum. Purchase additional equipment to support the delivery of the curriculum. Purchasing new equipment has ensured that the resources are available for teaching high-quality PE lessons and providing differentiation to a range of children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children in these clubs have them been able to access sporting competitions through CSIA sports Alliance. Pupil conferencing and lesson monitoring to evaluate effectiveness and impact of ARENA to PE Lead Purchasing new equipment thas ensured that the resources are available for teaching high-quality PE lessons and providing differentiation to a range of children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular accessed lunchtime clubs such as Netbal





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	PE Lead to attend MAT wide PE Network meetings to plan MAT -wide sporting events to enhance curriculum teaching and experience of sports.	Costed above	Network meetings planned events for Sports Workshops for KS2 and for KS1. Many children for each key stage took part in these experience days. Events included MAT wide football competition.	Continue PE networking events to plan further events. More to be planned for 2023/24 year. Monitor other areas for potential resurfacing.
	KS1 Active outdoor area to be repaired and maintained. New storage for PE equipment.	£4600	Outdoor area safe and in use for teaching of PE, fitness, clubs, developing fine and gross motor skills and playtimes.	
	Develop and update playground activities through employment of Lunchtime Play facilitator. Prefects support lunchtime play and playground leaders.	Costed above	Children are more active during play and lunch breaks. They enjoy joining in games and meeting to share their ideas.	 Continue lunchtime play facilitator as successful Playground leaders to carry out daily activities during break times. Develop a
Physical Activity, Health & Wellbeing all young people are aware of health related issues and are supported to	-Year 5 children to attend playground leader course, ready to lead activities next academic year during break times. Purchase playground equipment for all	CSIA sports alliance provide sports leader training – costed above	New playground leaders are ready for next academic year.	timetable/rotation of activities to continue to engage children. - Continue to train playground leaders annually to ensure delivery can continue.
make informed choices to engage in an active and healthy lifestyle (Key Indicator 1)	children to use to encourage physical activity and friendly competition.	Costed above	Children are more active during play and lunch breaks and the behaviour has improved.	- Continue Healthy eating linked to DT curriculum-increase amount of cooking across the school with
	Healthy eating and well being workshops developed as part of DT and science curriculum. Liaise with Chartwells for Healthy eating food workshops in addition to staff taught sessions. Wraparound clubs to plan healthy meals for sessions and take part in food preparation, cooking and meal time activities.		Children aware of the 'Healthy Eating' plate. Year 3/4 have received a unit of work investigated and linked to DT and science and understand about a balanced diet. Children in Year 6 chose healthy snacks for SATs week food breaks –	a focus on healthy recipes. Repeat Chartwells workshops. Develop Wraparound healthy eating activities. Purchase new cooking





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			olives, carrot sticks, humus, flapjacks.	resources supported by PTA funding.	
	Encourage 'brain breaks' during the day. Use of Go noodle, 'daily dash'. Sign up to CSIA Primary Sports Alliance SLA to provide competition and sporting opportunities across all ages across the school. Ensure staff attend network meetings for scheduling and CPD.	No cost Costed above	Children are better prepared for learning, and able to concentrate during stationary/sat down lessons. Expert PE sessions for children. A wide range of activities provided from sporting competitions to experience days for less confident children in very small numbers.	New PE Lead to investigate a menu for 30 minute active minutes for children. Continue work with CSIA Primary Sports Alliance next year.	
Diverse & Inclusive	Monitor participation in clubs of SEND and PP children to ensure there is fair access for all. Identify any barriers for these children and address to improve access.	Release time for SLT – already costed	Built confidence and resilience. Developed staff CPD. Good uptake of all children in extracurricular clubs. Children requiring 1:1 support were supported by their known and trusted adult to ensure clubs were accessible.	Monitor use of Absolute assessment tool to monitor children's participation and access to competitions.	
provide a fully inclusive offer that recognises the diverse needs of specific groups and identifies tailored opportunities for all young people (Key Indicator 4)	Whole MAT to take part in 'Rainbow Colour Run' to raise money for charity as sponsored event and mark Pride Month.	Funded by PTA	Community cohesion event. Enjoyment of fundraising through sporting activities. Developing knowledge of how sponsored sporting events support charities.	Repeat Rainbow Run 2024/2025.	
Competitions Provide a well organised, appropriate and enjoyable programme of	Collaborate with CSIA and partner schools to provide high level opportunities for competition and participation in a wide range of sports.	Costed above	Children across school EYFS-Year 6 have participated in inter-school competitions and sporting festivals.	Continue to be part of the Primary Alliance in 2024-2025 academic year, providing	





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competitions and festivals for students of all abilities (Key Indicator 5)	-Sports day developed for all children, building on skills learnt in PE lessons and to help promote character buildingOrganise competitive sports days within Rainbow MAT. EYFS/KS1 and KS2.		Continued style of Sports day involving a round robin of activities meaning all children were constantly involved. Competitive races were included at the end of the day, with mixed gender races.	many opportunities for sporting competitions. -Continue new style of sports day, as children felt confident to participate in competition at their own level.
	Ensure sporting competitive games are organised as part of the Penponds Family Summer Festival – penalty shootout, target practice, traditional sports day games, quoits, croquet.	Funded by PTA	-Children who enjoy competition had a chance to shine in interschool (MAT) competitions. Activities in a less-formal competition enhanced the enjoyment of sport and being active rather than the competitive nature. Sports at this event marked the sports for community aspect.	-Continue to think of new sporting competitions for children who enjoy the element of being competitive with the MAT. Repeat these activities for next year's Summer festival.
Leadership, Coaching & Volunteering	Train the current year 5 to become next years playground leaders. Course provided by CSIA Primary Alliance. -PE HLTA to attend CPD sessions with CSIA	Costed above	Year 5 are ready to lead playground games and activities in small groups next academic year.	Continue to train each year 5 cohort to ensure playground games and activities can continue each yearPE lead has given feedback to all staff so the high profile of PE and sport can be continued if lead changes.
provide pathways to introduce and develop leadership skills	to improve knowledge and gain ideas. Year 6 Prefects to support EYFS/KS1 Sports Day to run activities.	Costed above No cost	HLTA delivering high quality PE lessons. Children's attainment has improved and during pupil conferencing, most children comment on how they now understand their learning in PE lessons. Prefects helped to plan sports day. Understood responsibility with	-Upskilled HLTA to continue to support PE lessons across the school, where needed. Teachers to teach own PE next year, with minimal support. Continue to ensure Prefects are involved in organising Sports events.





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			leading activities and providing praise and encouragement for younger children. Learn about setting up equipment and ensuring same set up for fairness. Enjoyment and responsibility of praise and awarding rewards.	
	Signpost external/community clubs in the newsletter.		Children and parents aware of local clubs for them to join. Children have commented on how they now participate in local teams (pupil conferencing).	Continue to advertise community clubs in the newsletter.
Community Collaboration ensure opportunities for young people of all abilities to extend their school activity transitioning into sustained community based sport	Invite local sporting agencies and organisations into school to run taster sessions.	No cost	DDMix, Skateboarding, Sports for Tots invited into school for sports sessions. Children aware of local clubs to join with some children commenting on how they would like to join these clubs.	Continue to encourage links with local sports clubs as well as establish new ones. Continue to work with Global Boarders to provide surfing opportunities.
	Deliver Global Boarders Surf Days.	£1290	All KS2 children attended surf days experiencing surfing, water safety and beach games. Children were more confident in the sea and built resilience.	
Workforce increased confidence, knowledge and	Termly PE lead meeting across the Rainbow MAT. Cover arranged for HLTA PE Lead to attend.	Costed above.	Sharing of ideas across the MAT and inter-competitions organised for all children in the schools.	Continue regular meetings to maintain competitions and develop ideas across the schools in the MAT.
skills of all staff in teaching PE & sport (Key Indicator 3)	HLTA upskilled to ensure high quality PE lessons across the school with CSIA.	Costed above	Children are accessing a high- quality PE lesson, with clear Learning Intentions and a wider variety of methods to learn different skills.	HLTA to share ideas during staff meeting.





Total spend £16, 972