



Physical Education



Intent (curriculum design, coverage and appropriateness)	Implementation (curriculum delivery, teaching and assessment)	Impact (attainment and progress)
<p>Our aims for the PE curriculum are for all children to:</p> <ul style="list-style-type: none"> •Enjoy physical activity and know the importance of living a healthy lifestyle •Participate fully in all PE lessons showing increased confidence and stamina over time •Develop flexibility, strength, technique, control and balance •Engage in competitive activity (both against self and against others) •Enjoy playing as an individual and in a team •Develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success •Express themselves through dance •Take part in outdoor adventurous activity • Learn to swim and perform safe self-rescue by the end of KS2 	<p>Children are taught using the Arena PE scheme to provide high quality lessons for all children.</p> <ul style="list-style-type: none"> •Working in a sports partnership with CSIA leads to increased opportunities for our children and provides high quality CPD for our staff. •An HLTA and TA support learning in PE across the school •Children are taught to observe the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. •Children take part in games, gymnastic movement, dance and athletic activities using indoor and outdoor environments where appropriate. •Children take part in after school clubs and sports days • Children have the opportunity to compete against other schools. •In KS2, children go on a residential course for outdoor activities •Children have swimming lessons for a term in year 3/4 then again in Year 5/6. •Children in KS2 learn to surf in the summer term • High quality coaching is provided by specialists such as the Pirate Rugby coaches 	<p>Our School aspires to the 7 High Quality National Outcomes which guide the work of all Primary Sport Alliance Partnerships:</p> <ul style="list-style-type: none"> • Increased participation in high quality PE. • Increased participation in high quality out of school hours learning. • Increased participation in high quality informal activity. • Increased attainment and achievement through PE and sport. • Improved behaviour and attitude in PE, sport and whole school. • Increased participation in competitive and performance opportunities. • Increased involvement in community sport and improved quality of community life. <p>By the end of KS2 children will:</p> <ul style="list-style-type: none"> •swim competently, confidently and proficiently over a distance of at least 25 metres •use a range of strokes effectively •perform safe self-rescue in different water-based situations.