



Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

Accountability & Impact - Ofsted inspectors will assess and report on how effectively this new funding is being used when making the judgement on the quality of the school's leadership and management. Schools are required to keep parents informed and publish plans for deployment of premium funding on their website and must include:

- the amount of premium received
- a full breakdown of how it has been spent (or will be spent)
- what impact the school has seen on pupils' PE and sport participation and attainment
- how the improvements will be sustainable in the future
- the percentage of pupils within their year 6 cohort for academic year 2020 to 2021 that can do each of the following:
- o swim competently, confidently, and proficiently over a distance of at least 25 metres
- o use a range of strokes effectively (for example front crawl, backstroke and breaststroke
- o perform safe self-rescue in different water-based situations

Funding - Individual schools will receive circa £16000-20000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; staff CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding carried forward from the academic year 2020/2021	£1955.20
The total funding for the academic year 2021/2022	£17, 000
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	84%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke?	84%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	58%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Lead member of staff	Rebekah Bailey	Lead Governor	Katy Wood
responsible	Trudy Watts	responsible	





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Area of Focus & Outcomes	Actions (Actions identified through self-review to improve the quality of provision)	Funding -Planned spend -Actual spend	Impact -On pupils PE/SS/PA participation -On pupils PE attainment -On pupil/school whole school improvement (Key Indicator 2) -Any additional impact	Future Actions & Sustainability -How will the improvements be sustained -What will you do next
	New staff to be trained in the use of the arena scheme – new teachers and HLTAs. PE lead (another MAT school) to monitor lessons and provide staff training to ensure consistency and support PE HLTA. Play facilitator to encourage active lunchtimes. Maintain the high profile of PE, sport and physical wellbeing across the school.	£7610.00 -	PE lead (another MAT school) monitored teaching and delivered staff training. Good impact on his feedback and development points monitored. Staff training delivered and curriculum. Children spoken to speak highly of PE. They particularly like the sporting competitions run across the MAT and through the CSIA Sports Alliance.	PE Lead (another MAT school) has left the trust. New PE Lead (Sept 2022) to monitor PE and delivery and consistency of Arena scheme. New PE Lead to support PE HLTA in Peer-peer teaching and staff training across the school
Curriculum Delivery engage young people in a high quality, broad and balanced curriculum	Curriculum Enhancement through Nick Eagles at Sports4Tots to model KS1 PE teaching to develop confidence in staff and high quality PE provision. After school club to also be provided by Nick Eagles to continue development from taught lessons. Curriculum Enhancement also through CSIA Sports Alliance. Children to take part in active competitions and PE/Sport experience workshop days	£2000 (CSIA) £1872 (Sports4Tots)	Curriculum Enhancement through Nick Eagles at Sports4Tots has modelled excellent PE training for KS1 staff throughout the year. Nick has organised PE tournaments in school and across the MAT to enable competition. Children were lacking these experiences previously due to the pandemic. Good impact from involvement in CSIA Sports Alliance providing children with opportunities unable to accommodate in school, such as climbing days and interschools competitions across Cornwall.	Good staff development and increased confidence in staff. New KS1 teacher is confident in PE teaching, so Nick Eagles will no longer teach curriculum PE but will continue to teach Continue 2022-23 with CSIA Sports Alliance





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	Purchase additional equipment to support the delivery of the curriculum.	£1059.00	Purchasing new equipment has ensured that the resources are available for teaching high-quality PE lessons and providing differentiation to a range of children's needs.	Continue auditing equipment and purchase new if lost or broken.
	Employ Play facilitator at lunchtimes for active lunchtime play, sports and games. Develop further sports and games learnt in PE curriculum time.	Costed above	New Lunchtime play facilitator has taught and generated games as lunchtimes keeping children active. Children are enjoying the active games and organised activities. School Council have met with him to request games and these have been agreed to ensure pupil voice and rights of the child Article 12.	Continue into next year as this has been successful. Ensure school council meet with Play facilitator each term to discuss games and sporting opportunities at lunchtime.
	Lunchtime PE HLTA to organise lunchtime clubs and after school clubs to offer sports activities	Costed above	Children have accessed lunchtime clubs such as Netball, Football and Cross Country. These have been popular. Children in these clubs have them been able to access sporting competitions through CSIA Sports Alliance.	Continue same organisation. Discuss with children variety of lunchtime sporting clubs offered and plan across the year, varying opportunities. Attempt to link up CSIA sporting competition dates with clubs offered.
	Ensure all Year 6 children can swim 25m (intervention sessions available in the Summer term for those that have not achieved 25m)	Part of the CSIA sports alliance costing	Children leave Year 6 confident to swim 25m.	Continue swimming session across the year. Year 6 children offered additional Top-up sessions in the summer term if not meeting standard by end of unit of lessons.





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	Pupil conferencing and lesson monitoring to evaluate effectiveness and impact of ARENA scheme.	Time allocated to PE Lead (another MAT school).	Unable to complete as member of staff left. However, PE HLTA has spoken with pupils during lesson time and this will be planned for the new PE lead to action	Staff meeting at the beginning of the academic year to discuss how we will maintain high-quality teaching of PE and how to adapt lessons to address pupil feedback. New PE lead to meet with pupil early in Autumn term. Develop PE display in the hall to support Arena scheme so children can track what level they are at Bronze, Silver or Gold.
	PE Lead to attend MAT wide PE Network meetings to plan MAT -wide sporting events to enhance curriculum teaching and experience of sports.	Costed above	Network meetings planned events for Sports Workshops for KS2 and for KS1. 20 children for each key stage took part in these experience days. Limited experiences in autumn and spring term due to Covid-19 restrictions and outbreaks.	Continue PE networking events to plan further events. More to be planned for 2022/23 year.
	Part resurface sports court to ensure safe for play and PE teaching.	£3977	Playground safe and in use for teaching of PE, clubs and playtimes.	Monitor other areas for potential resurfacing. KS1 outdoor area to be resurfaced and redeveloped.
Physical Activity, Health & Wellbeing all young people are aware of health	Develop and update playground activities through employment of Lunchtime Play facilitator. Prefects support lunchtime play and playground leaders.	Costed above	Children are more active during play and lunch breaks. They enjoy joining in games and meeting to share their ideas.	 Continue lunchtime play facilitator as successful Playground leaders to carry out daily activities during break
related issues and are supported to make informed choices to engage in an active and healthy lifestyle (Key Indicator 1)	-Year 5 children to attend playground leader course, ready to lead activities next academic year during break times.	CSIA sports alliance provide sports leader training – costed above	New playground leaders are ready for next academic year.	times. Develop a timetable/rotation of activities to continue to engage children. - Continue to train playground leaders





Purchase playground equipment for all children to use to encourage physical activity and friendly competition. Healthy eating and well being workshops developed as part of DT and science curriculum. Liaise with Chartwells for Healthy eating food workshops in addition to staff taught sessions. Wraparound clubs to plan healthy meals for sessions and take part in food preparation, cooking and meal time activities.	Costed above Cost of food purchased?	Children are more active during play and lunch breaks and the behaviour has improved. Children aware of the 'Healthy Eating' plate. Year 3/4 have received a unit of work investigated and linked to DT and science and understand about a balanced diet. Children in Year 6 chose healthy snacks for SATs week food breaks – olives, carrot sticks, humus, flapjacks.	 annually to ensure delivery can continue. Increase focus on Healthy eating linked to DT curriculum-increase amount of cooking across the school with a focus on healthy recipes. Repeat Chartwells workshops. Develop Wraparound healthy eating activities.
Set up extra-curricular clubs for all year groups, run by staff and external agencies such as Sports4Tots, Skateboarding, Cornish Pirates Rugby, DDMix.	£240.00	A wide variety of extra-curricular clubs experienced by the children in school. Developing their stamina, health and well-being.	Continue school run clubs and develop variety after consultation with school council. Continue external agency clubs – Sports4Tots, Skateboarding and DDMix.
-Encourage `brain breaks' during the day. Use of Go noodle, `daily dash'.	No cost	Children are better prepared for learning, and able to concentrate during stationary/sat down lessons.	New PE Lead to investigate a menu for 30 minute active minutes for children.
Sign up to CSIA Primary Sports Alliance SLA to provide competition and sporting opportunities across all ages across the school. Ensure staff attend network meetings for scheduling and CPD.	Costed above	Expert PE sessions for children. A wide range of activities provided from sporting competitions to experience days for less confident children in very small numbers. Built confidence and resilience. Developed staff CPD.	Continue work with CSIA Primary Sports Alliance next year.





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Diverse & Inclusive provide a fully inclusive offer that recognises the diverse needs of specific groups and identifies tailored opportunities for all young people (Key Indicator 4)	 -Monitor participation in clubs of SEND and PP children to ensure there is fair access for all. Identify any barriers for these children and address to improve access. - Increase sports provision for younger children through Sports4Tots Curriculum time and after school club 	1:1 support for EHCP children to attend clubs £477.00 Already costed above Sports4Tots	 Good uptake of all children in extra-curricular clubs. Children requiring 1:1 support were supported by their known and trusted adult to ensure clubs were accessible. Children have worked in ½ class sessions, with a greater coach and supporting adult ratio to children. Post-lockdown children needed to develop their core strength and stamina and there has been good impact of this through lessons, observations at play time and in clubs. Staff have worked with Nick Eagles (Sports4Tots) and this has given them greater confidence through quality CPD. 	 -Investigate Absolute assessment tool to monitor children's participation and access to competitions. - Plan inter-school and MAT events in smaller numbers to support vulnerable, SEN and less confident children. Staff more confident in leading sports and PE sessions. Sports4Tots will continue as a club, but not for taught curriculum PE.
	Whole school to take part in 'Rainbow Colour Run' to mark festival of Holi. Also coincides with Comic Relief, so sponsored competition to raise awareness and fundraise for those in need.	Funded by PTA	Community cohesion event. Enjoyment of fundraising through sporting activities. Developing knowledge of how sponsored sporting events support charities.	Repeat Rainbow Run 2022/2023.
Competitions Provide a well organised, appropriate and enjoyable programme of competitions and festivals for students of all abilities (Key Indicator 5)	 -Collaborate with CSIA and partner schools to provide high level opportunities for competition and participation in a wide range of sports. -Sports day developed for all children, building on skills learnt in PE lessons and to help promote character building. -Organise competitive sports days within Rainbow MAT. EYFS/KS1 and KS2. 	Costed above £80.00 Athletic track white line painting	Children across school EYFS-Year 6 have participated in inter-school competitions and sporting festivals. -A new style of Sports day involving a round robin of activities meaning all children were constantly involved. Competitive races were included at the end of the day, with mixed gender races. -Children who enjoy competition had a chance to shine in inter- school (MAT) competitions.	 -Continue to be part of the Primary Alliance in 2022-2023 academic year, providing many opportunities for sporting competitions. -Continue new style of sports day, as children felt confident to participate in competition at their own level. -Continue to think of new sporting competitions for children who enjoy the element of being competitive with the MAT.





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	Ensure sporting competitive games are organised as part of the Penponds Family Summer Festival – penalty shootout, target practice, traditional sports day games, quoits, croquet.	Funded by PTA	Activities in a less-formal competition enhanced the enjoyment of sport and being active rather than the competitive nature. Sports at this event marked the sports for community aspect.	Repeat these activities for next year's Summer festival.
	Train the current year 5 to become next years playground leaders. Course provided by CSIA Primary Alliance.	Costed above	Year 5 are ready to lead playground games and activities in small groups next academic year.	Continue to train each year 5 cohort to ensure playground games and activities can continue each year. -PE lead has given feedback to all staff so the high profile of PE and sport can be continued if lead changes.
Leadership, Coaching & Volunteering provide pathways to introduce and develop leadership skills	-PE HLTA to attend CPD sessions with CSIA to improve knowledge and gain ideas.	Costed above	HLTA delivering high quality PE lessons. Children's attainment has improved and during pupil conferencing, most children comment on how they now understand their learning in PE lessons.	-Upskilled HLTA to continue teaching PE lessons across the school and feedback any ideas. New PE Lead (Sept 2022) will support and monitor.
	Year 6 Prefects to support EYFS/KS1 Sports Day to run activities.	No cost	Prefects helped to plan sports day. Understood responsibility with leading activities and providing praise and encouragement for younger children. Learn about setting up equipment and ensuring same set up for fairness. Enjoyment and responsibility of praise and awarding rewards.	Continue to ensure Prefects are involved in organising Sports events.
Community Collaboration ensure opportunities for young people of all abilities to extend their school	Signpost external/community clubs in the newsletter.		Children and parents aware of local clubs for them to join. Children have commented on how they now participate in local teams (pupil conferencing).	Continue to advertise community clubs in the newsletter.





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activity transitioning into sustained community based sport	Invite local sporting agencies and organisations into school to run taster sessions.	No cost	DDMix, Skateboarding, Sports for Tots invited into school for sports sessions. Children aware of local clubs to join with some children commenting on how they would like to join these clubs.	Continue to encourage links with local sports clubs as well as establish new ones. Contact Vox Dance, Plymouth Argyle Football, Cricket Club and Go Active in 2022/23.
	Deliver Global Boarders Surf Days.	£1190	All KS2 children attended surf days experiencing surfing, water safety and beach games. Children were more confident in the sea and built resilience.	Continue to work with Global Boarders to provide surfing opportunities.
Workforce increased confidence, knowledge and skills of all staff in teaching PE & sport (Key Indicator 3)	Termly PE lead meeting across the Rainbow MAT. Cover arranged for HLTA PE Lead to attend. HLTA upskilled to ensure high quality PE lessons across the school with CSIA.	£450.00 – cover for staff to attend Costed above.	Sharing of ideas across the MAT and inter-competitions organised for all children in the schools. Children are accessing a high- quality PE lesson, with clear Learning Intentions and a wider variety of methods to learn different skills.	Continue regular meetings to maintain competitions and develop ideas across the schools in the MAT. HLTA to share ideas during staff meeting.
	CPD through Sports4Tots to upskill teachers in KS1.	Costed above	Teachers upskilled and confident in delivering PE sessions.	Sports4Tots sessions not continued next year due to CPD success and new teacher into key stage – confident and experienced in PE. New PE Lead as of Sept 2022.
Total spend	£18, 955.00			



